



Season of Sharing: **A Holiday Gift Guide**

2024





Thank you for being here!

Created by Samantha Flores of [Her Journal](#)

Hi, I'm Samantha! I created this holiday gift guide with over 20+ mom-owned businesses. The goal was to make all of these businesses easily accessible by having them all in one place for your convenience. This holiday season, help support small business owners by shopping with them.

As a mom of three and an entrepreneur, I know the hard work and dedication these women have put into their businesses to support their families and follow their passions.

In this guide, you will find gift ideas for everyone on your holiday shopping list this year. Follow, shop, and refer others to the businesses listed in this guide to help them grow and flourish.

Wishing you a wonderful holiday season!





Table of Contents

Nurture and Adorn, Wisdom in Wildflowers Co., Wise Mama Wipes Page 4

Conway Collections, Loved Ones Brand LLC. Page 5

Miriam Salazar Photography, Christian by Faith Store, InspirationalM..... Page 6

Laurent Paper Co., Presentation Graphics Studio Page 7

Vision and Momentum, Rustic Oak Real Estate, Proper Pieces Page 8

Her Journal, Elevations Massage Page 9

Kim Dao Photography, Yeti to Betti Esthetics, Smithleigh Keepsakes Page 10

The Mama Coach, Pooliprint Page 11

Celebrate Cakes Co., FavHERful Strategies, Just Kidding Farms Page 12





Nurture Essence Ring

By Erica R. Cottingham of [Nurture and Adorn](#)

Art | Apparel | Jewelry

Each ring is crafted to hold precious elements, blending breastmilk and a delicate strand of baby hair within its branches, symbolizing the deep connection between mother and child. For every NE ring purchased, a donation is made to a mom who suffered a loss at the hospital.

Follow: [Instagram](#)

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Organic Elderberry Syrup

By Alexis Flores of [Wisdom in Wildflowers Co.](#)

Health | Elderberry Syrup

Hand crafted Organic Elderberry Syrup made with the highest quality ingredients to boost your immune system, reduce inflammation and help ease allergy symptoms.

Follow: [Instagram](#)

[See Product](#)



Wise Mama Wipes

By Courtney Parker and Kailey Smith of [Wise Mama Wipes](#)

Kids | Health

Wise Mama Wipes provides affordable, non-toxic baby wipes, born from our desire for safer alternatives to harsh chemical-laden store brands. They are made with medical grade dry wipes, distilled water, pure organic coconut oil, and EWG-certified castile soap..THAT'S IT!

Follow: [Instagram](#) and [Facebook](#)
Wisemamawipes@gmail.com



[See Product](#)



Personalized Photo Puzzle

By Sarah Conway of [Conway Collections](#)

Novelty

Puzzles give you the freedom to create durable and mountable wall art out of your favorite photo and images. Not only can they be set with glue, framed and hung, but they can also be utilized for fun and personalized games!

Follow: [Facebook](#)

[See Product](#)



Loved Ones Senior Planner

By Dawn Murray of [Loved Ones Brand LLC](#)

Books | [Digital Downloads](#)

A beautiful leather book personalized by family which is given to a parent or grandparent (usually 75+ yrs). It highlights family events such as birthdays, anniversaries, graduations, weddings, due dates, etc. It's primary goal is to keep older adults socially engaged & connected to their families.

[See Product](#)



Christmas Mini Session

By [Miriam Salazar Photography](#)

Photography

Miriam is a lifestyle storytelling photographer. She specializes in family sessions, maternity, Fresh 48, children, and couples photography, along with seasonal mini sessions. Christmas at the Cabin sessions are currently available: ideal for children, families, and couples.

Follow: [Instagram](#)

[See More](#)



Cultivating Confidence

By [Jaanika Luht of Christian By Faith Store](#)

Devotional | Digital Download

This 30-day devotional journal is designed to help you cultivate confidence from a biblical perspective. Explore various aspects of confidence and self-assurance as rooted in the teachings of the Bible. Confidence, when rooted in faith, can empower you to face life's challenges with grace and strength. Each day, you will find a Scripture reference, a reflection, and a journal prompt to guide your thoughts and personal growth.

Follow: [Instagram](#)



[See Product](#)



Advent Devotional

By [Turquoise Peart of InspirationalIM](#)

Devotional

I'd love to remind us all of the season of advent and include an audio component to reach more than just one community. Even the blind community can benefit from the gospel with the audio component.

Follow: [Instagram](#)

[Explore](#)



Name Your Year

By Jenny Fulford of [Laurent Paper Co.](#)

Journal | [Digital Download](#)

Name Your Year: A Prayerful Word of the Year Companion Journal- Practice listening for God's voice in a gentle, accessible way with a Christian take on choosing a word of the year. With monthly faith planning, space for journaling, gratitude, creativity and reflection, this undated 12-month journal & digital masterclass bundle is the perfect companion to the intentional year you long for with God!

Follow: [Instagram](#)

[See Product](#)



The Super Awesome COFFEE Activity Book

By Rhonda Caudill of [Presentation Graphics Studio](#)

Books | Art | Self-care | Games & Puzzles

A fun assortment of puzzles, coloring pages, mazes, crosswords, trivia, cryptograms, sudoku, drawing activities, and other word games. Each book is over 100 pages and includes answer key. See more designs at [superawesomepuzzles.com!](#)

[See Product](#)

Stop Guessing & Start Growing!™

By Rhonda Caudill of [Vision & Momentum](#)

Digital Download | [Business Resources](#)

Get your hands on a complete 365-day plan for your social posts and start batching your content creation to get a jump on your 2025 marketing!

Follow: [Facebook](#)

[See Product](#)



Buy, Sell, Rent

By Courtney Shelly of [Rustic Oak Real Estate](#)

[Real Estate](#)

Real estate company Rustic Oak Real Estate (RORE): We are a small boutique brokerage with strong Texas roots. We pride ourselves on service. RORE is an established brokerage with 11 skilled and knowledgeable REALTORS from all different walks of life. We would absolutely love to be apart of your home buying, selling, or renting journey.

Follow: [Instagram Business](#) and [Instagram Personal](#)

[See More](#)



I'll Quit When Willie Quits Graphic T-Shirt

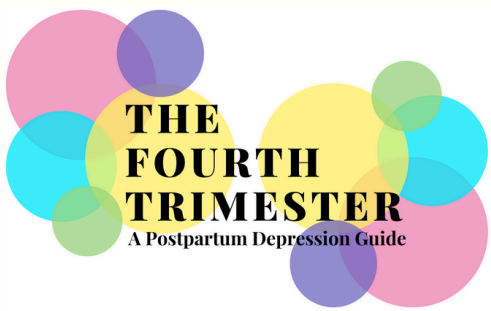
By Ashley Bowling of [Proper Pieces](#)

[Apparel](#) | [Fashion](#)

This is one of those must-have designs. It is a BEST SELLER. It's a fun message, but also with a serious meaning to keep doing what matters to you. It is a perfect shirt for music lovers.

Follow: [Facebook](#)

[See Product](#)



The Fourth Trimester: A Postpartum Depression Guide

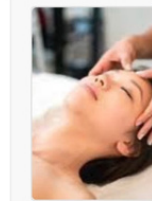
By Samantha Flores of [Her Journal](#)

Book | Digital Download

This eBook supports mothers navigating the postpartum journey, offering insights and guidance on coping with postpartum depression. Designed by a postpartum specialist who personally experienced the challenges of the fourth trimester, it addresses the diverse needs of both first-time and experienced moms facing this unique phase.

email: samantha@herjournal.blog

[See Product](#)



Head to Toe Escape 1 hour

\$140.00

or 4 payments of \$35.00 with **pay later.**

Melt your cares away with a deeply relaxing massage! Followed by a warm lemongrass sugar foot scrub, and a peppermint or lavender scalp massage! Sending you on your way refreshed and rejuvenated.



Head to Toe Escape- 1 hour

By Prisila Guajardo of [Elevations Massage](#)

Self-care

Melt your cares away with a deeply relaxing massage! Followed by a warm lemongrass sugar foot scrub, and a peppermint or lavender scalp massage! Sending you on your way refreshed and rejuvenated.

Follow: [Instagram](#)

[Explore](#)



Photography Session

By [Kim Dao Photography](#)

Photography

Budget-friendly photographer offering photo services for families, maternity, and newborns. I also cover events and the occasional wedding. Quality memories at an affordable cost.

Follow: [Instagram](#)

Explore

Be* Spoke Korean Facial

By [Nichole Collins](#) of [Yeti to Betti Esthetics](#)

Self-care

Experience a relaxing and result-driven facial. We will customize and curate a treatment at the time of your facial specific to your skin needs. The holistic approach in K Beauty is to treat the skin in its current state intrinsically and extrinsically.

Follow: [Instagram](#)

See More



3D Dog Bone + Name

By [Ashleigh Smith](#) of [Smithleigh Keepsakes](#)

Art | Novelty | Ornaments

Elevate your favorite furbaby with our 3D dog bone element to your pet's keepsake! Choose your dog bone color and personalize with your pet's name in glitter vinyl. Displayed on a 4" round acrylic keepsake with a tan velvet ribbon to be displayed on a tree, in a shadow box, or even designate which hook or cubby belongs to which furry friend!

Follow: [Instagram](#)

See Product



Michaela
The **Mama Coach**
Est. 2015

Making Parenthood *Easier*

Customized evidence-based education and support for you and your growing family, delivered by a Registered Nurse.

Providing Support For

- Pregnancy
- Newborn & Postpartum
- Feeding
- Sleep
- CPR & Choking
- Potty Training

- HIGH QUALITY & DEFINITION
- QUICK & CONVENIENT
- DURABLE & LONGLASTING
- KEEPS YOU ORGANIZED
- CONNECTS TO YOUR PHONE
- CAPTURES PRECIOUS MEMORIES
- LIGHT & PORTABLE
- COMPLETELY INKLESS

My Mama Coach Services

By Michaela Hahn of [The Mama Coach](#)

Self-care | Coaching | Health

I have a passion for supporting mamas & families through pregnancy, parenthood and beyond. As a Mama Coach, I am here to help you and your family navigate through the challenges and provide you with education and support. My Mama Coach services include Prenatal Education, Newborn & Postpartum Support, Sleep Coaching, Feeding Support, CPR & Choking, and Potty Training.

Follow: [Facebook](#)

Perfect Pocket Printer for On-the-Go Creativity

By Kerstin Washburn of [PooliPrint](#)

Kids | Art | Photography

PooliPrinter® L1 – The Perfect Pocket Printer for On-the-Go Creativity. This compact and portable thermal printer allows users to print photos, notes, and designs straight from their phone. With its easy setup and retro-inspired prints, the L1 is a must-have tool for anyone looking to add a personal touch to their journals, planners, or scrapbooks.

Follow: [Instagram](#)

[Explore](#)

[See Product](#)



Christmas Themed Cupcakes

By Christy Smith of [Celebrate Cakes Co.](#)

Edible Treats

Give the gift of sweetness with these Christmas themed cupcakes! The perfect addition to any holiday party or a sweet way to say "thank you"! Decorated with love and festive magic! Traditional or blush themed options. Full sized custom cakes available upon request.

Follow: [Facebook](#) or email christy_vermeer@yahoo.com

Explore

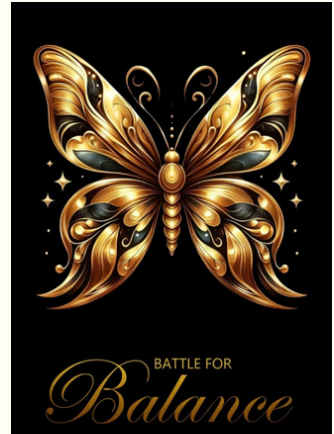
Battle for Balance

By Sonja Christine of [FavHERful Strategies](#)

Self-care | Books | Coaching

Battle for Balance: Speak and Surrender journal. This journal is one-of-a-kind that educates and tells a personalized story. It provides affirmations and helps you release worries, fears, and anxieties.

Follow: [Facebook](#)



See Product

Goat Milk Lotion & Cream

By Tina Golden of [Just Kidding Farms](#)

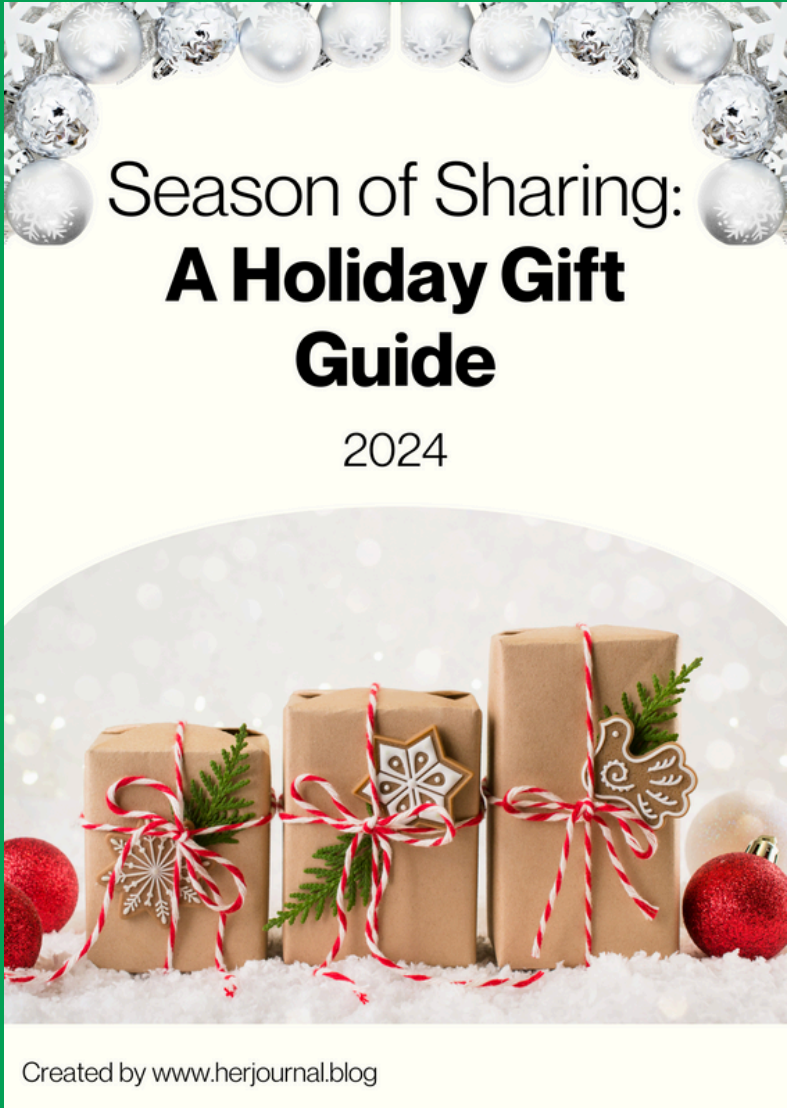
Health | Beauty

Elevate your beauty routine with goat milk lotions and creams. These lotions and creams are made with organic goat milk, freshly milked from the free range goats. Every lotion and cream is curated with top quality ingredients you can trust from the family-run farm located in Texas.

Email to order: tinagolden21@gmail.com



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